

Yoga Intensive Application

200 Hour Yoga Intensive Studies 2019 Program

This Yoga Intensive Studies Program is a seven month in-depth study of the traditional system and practice of yoga and the related arts and sciences. The program is open to all students who demonstrate honest interest, self-discipline, and commitment to completing the program. There are no prerequisites, other than enthusiasm and a willingness to learn and grow. Students of all levels of physical fitness are welcome.

NAME _____ DATE OF BIRTH _____

ADDRESS _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

EMERGENCY CONTACT _____

MEDICAL CONDITIONS

Do you have any medical conditions or injuries that may influence your ability to perform yogic exercises?
YES ___ NO ___ If you are uncertain, please consult your physician for proper medical advice.

List below any injuries or medical conditions:

YOGA EXPERIENCE

Please briefly list your experience with yoga or any related physical exercise system, and/or spiritual or contemplative practice (martial arts, dance, mediation, etc.):

TUITION PAYMENTS

Tuition for the entire course is \$2650.00 if registered and paid in full by December 8th.
After December 8th, tuition for the entire course is \$2850.00

We offer three payment options:

Choice 1 – Register before December 8th – Pay full amount of \$2650.00

The non-refundable \$100 application fee will be applied to the tuition payment. Upon acceptance into the program a \$500 deposit must be submitted within ten days to hold a place in the class for the student. The remaining balance of \$2050.00 is due by December 8th, 2018.

Total payment \$2650.00 - No refund after January 27th, 2019

Choice 2 – Register after December 8th, 2018 – Pay full amount of \$2850.00

The non-refundable \$100 application fee will be applied to the tuition payment. Upon acceptance into the program a \$500 deposit must be submitted within ten days to hold a place in the class for the student. The remaining \$2250.00 is due by the first day of class.

Total payment \$2,850.00 - No refund after January 27th, 2019

Choice 3 – 6 auto payment option. - Pay full amount of 2852,00

There is a non-refundable \$150 administration fee for this option. The non-refundable \$150 application fee will be applied to the tuition payment. Upon acceptance into the program a \$800 deposit must be submitted within 10 days to hold a place in the class for the student. 6 monthly auto payments of \$317.00

Total payment \$2852.00 - No refund after January 27th, 2019

Signature

Date

Dollar Amount Enclosed: _____

Please Mail Application to:

**Lotus BloomYoga
777 Hillside Ave
Prescott, AZ 86301**

www.LotusBloomYoga.com cwlotusbloom@q.com 928-499-1553

Student Information Sheet (for student to take)

REQUIRED TEXTS:

Bhagavad Gita – Stephen Mitchell
Living Your Yoga – Judith Lasater
Light on Yoga – B.K.S. Iyengar
Hatha Yoga Illustrated – Martin Kirk and Brooke Boon
Key Muscles of yoga Volume 1 – Ray Long
The Secret Power of the Yoga Sutras – Nischala Devi Joy

RECOMMENDED TEXTS:

The Upanishads – Penguin Classics
The Yoga Sutras of Patanjali – Alistair Shearer
Yoga Anatomy – Leslie Kaminoff
Pick a Sutra – Desikachara
Heart of Yoga – Desikachara

2018 PROGRAM SCHEDULE:

Start Date: January: 25-27

Ending Date: September: 20-23

The program meets for nine months in Prescott, AZ.

PROGRAM DATES:

January: 25-27

February: 22-24

March: 22-24

April: 12-14

May: 24-26

June: 28-30

July: 26-28

August: 23-25

September: 20-23

PROGRAM HOURS:

Fridays: 4:00 pm - 8:00 pm

Saturdays: 9:00 am – 5:00pm

Sundays: 8:30 am - 4:30 pm

*Make-up classes and assignments can be arranged for students who have to miss some scheduled contact hours. Additional fees for contact hours may apply.

Feel free to call with any questions or concerns at 928-499-1553 or email cwlotusbloom@q.com.

Thank you for registering for Lotus Bloom Yoga Intensive Studies Program. I look forward to being a part of your transformational journey.

Namaste!

Cheryl Walters

Lotus Bloom Yoga (formally named Cheryl Walters Hatha Yoga School) is licensed by the State of Arizona, and is a 5 star Yoga Alliance 200hr and 300hr registered school for YTT.