

300 Hour Yoga Teacher Certification Program
Application
2020 / 2021 Program

This Yoga Advancement Program is a 9-month in-depth study of the traditional system and practice of yoga and the related arts and sciences. The program is open to all students who demonstrate honest interest, self-discipline, and commitment to completing the program. The only prerequisites, other than enthusiasm and a willingness to learn and grow. Students have to of completed and be registered as a 200RYT through Yoga Alliance.

NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL: _____

EMERGENCY CONTACT: _____

MEDICAL CONDITIONS

Do you have any medical conditions or injuries that may influence your ability to perform yogic exercises? If you are uncertain, please consult your physician for proper medical advice. YES _____ NO _____

List below any injuries or medical conditions:

YOGA EXPERIENCE

Please briefly list your experience with yoga or any related physical exercise system, and/or spiritual or contemplative practice (martial arts, dance, mediation, etc.):

When and where did you complete your 200hr YTT

With whom did you complete your 200hr YTT with and briefly describe the course and studies:

Are you still registered with Yoga Alliance? YES ____ NO ____

What style of yoga and what teachers have you been the most influenced by?

How much teaching experience do you have?

What style of yoga do you practice, teach and are interested in learning more about?

If you have a yoga resume please attach it to this application

PERSONAL INTENTIONS

Please answer the following questions honestly and to the point:

1. Why are you interested in deepening your study of yoga?

2. What are the top three things you hope to gain from completing the program?

3. Are you interested in teaching yoga, or simply in deepening your own knowledge and practice? (It's fine either way).

4. How do you feel yoga fits into your “greater vision” or “life purpose”?

5. Please feel free to share any other information you feel is relevant.

PROGRAM HOURS:

Friday: 4:00 – 8:00pm

Saturday: 9:00 – 5:00pm

Sunday: 9:00 – 3:00pm

PROGRAM DATES:

2020

September: 4 – 6

October: 2 – 4

November: 3 – 13 (10-day India retreat!)

December: 19 (one day 9 to 3)

2021

January: 22 – 24

February: 26 – 28

March: 26 – 28

April: 23 – 25

May: 21 – 23

June: 25 – 27

TUITION PAYMENTS

Early bird price \$5150

After June 15th Full price \$5450.00

- *Price based on double occupancy.*
- *For Single Occupancy add an additional \$500*
- *Price includes the 300 hour program and the 10 day India retreat (price does not include airfare)*
- *Price does not include*
 - *Airfare to and from Delhi*
 - *Transportation between Delhi and Rishikesh*
 - *Indian Visa fees*
 - *Tips for Staff*
- *No refunds after September 1, 2020*
- *For additional information or to set up a meeting to discuss payment plans options, please contact **Cheryl @ 928-499-1553 or email her at Cheryl@LotusBloomYoga.com.***

Namaste!